

Diabetes



The Definition of Diabetes

Diabetes is the product of toxic excesses within the system. It is proof that hormonal imbalances exist and that the vital organs are slowing down.

Statistics show that loss of the gall bladder is a 99% guarantee of diabetes within 20 years. Of course, there is a hereditary component but that is more representative of learned eating habits, lack of exercise and poor nutrition than it is of genetics.

Diabetes means that little or no insulin is produced and that it cannot transfer glucose from the bloodstream into cells and maintain blood glucose balance.

Pancreatic cell destruction and inability of the pancreas to produce insulin is suspect in over 85% of cases of Type I Diabetes.

There are two types of Diabetes: Diabetes Insipidus or Juvenile Onset and Diabetes Mellitus otherwise known as Adult Onset (non-insulin dependent diabetes). There is also Gestational Diabetes Mellitus that can occur in the last trimester of pregnancy but usually disappears shortly after childbirth. Because drugs are dangerous to

use during pregnancy, only diet and vitamins are used to control this form of diabetes.

Diabetes Insipidus (Type I) is a rare metabolic disorder caused by a deficiency of the pituitary hormone vasopressin or the inability of the kidneys to respond to this hormone.



Drugs Cannot Heal Your Condition

Drugs cannot reverse your diabetes. Medications effectively lower glucose, but do so at the cost of damaging your liver and reducing your life span.

These drugs also deplete your body of B vitamins and antioxidants.

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Did You Know that:

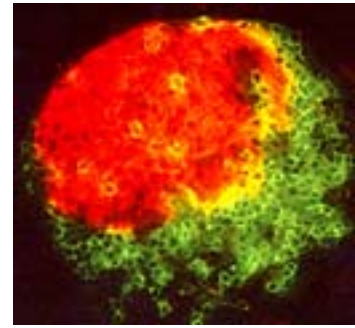
- Almost 16 million Americans have diabetes
- An estimated 5.4 million have the disease and don't even know it
- 200,000 people die annually from diabetes
- The annual cost of treating diabetes is \$105 Billion
- One in every 400 to 500 children/teens have Type I Diabetes
- In 1999 , approximately 450,000 deaths occurred among people 25 years and older.

Type I - Juvenile Onset Diabetes, Insulin Dependent

Both men and women are affected equally by Type I Diabetes. It is usually diagnosed around puberty therefore referred to as Juvenile Onset and or Insulin-Dependent Juvenile Diabetes. Only 5% of diabetics are Type I insulin dependent and this condition is more common in Blood Types A and B. Little or no insulin is produced due to the destruction of pancreatic insulin-secreting cells. Over 80% of Type I diabetics have antibodies to their own pancreatic cells.

There is research to suggest

that DPT (diphtheria, pertussis, tetanus) and polio vaccines contain super antigens that bring on Type I diabetes and deafness. Infants who are breast-fed are less likely to develop severe forms of diabetes. Such foods as cow milk protein and albumin trigger autoimmune reactions against the pancreas and contribute to its destruction. Viruses such as Epstein Barr, cytomegalovirus and herpes induce autoimmune reactions that may, in time, contribute to diabetes.



T-lymphocytes attacking insulin-producing pancreatic islet

IMAGE: A. Cooke and John Todd, Wellcome Trust Center for Human Genetics, Oxford, UK.

Mineral Imbalance

Dr. Lawrence Wilson, an expert in the area of Hair Mineral Analysis, draws a relationship between low sodium/potassium ratios and diabetes. These levels are also directly connected to adrenal gland function. As the hair potassium levels rise there is also a rise in glucocor-

ticoids that convert amino acids to sugar. As the potassium rises so does the sugar level which also indicates protein breakdown; the conversion of protein to sugar under the influence of cortisol. This pro-

Craving sweets and carbohydrates? The reason is often a low potassium level which indicates low cortisol secretion.

tein catabolism causes the release of potassium from cells. This is a sure sign that glucose metabolism has failed therefore the body must utilize its own proteins for fuel.

Complications of High Blood Sugar

There are many complications that arise out of long-standing diabetic conditions. Because it affects the microcirculation of the small blood vessels, it can create heart disease, kidney damage, stroke, poor circulation, difficulty walking or exercising, vision deterioration and nerve damage. Other compli-

cations include neuropathy, hormonal imbalances, skin lesions, ulcers, hypoglycemia, peripheral vascular disease and cerebrovascular disease. Those who use alcohol and tobacco have more of a



Caption describing picture or graphic.

chance of experiencing damage.

Type II— Adult Onset Diabetes

Type II Diabetes or non-dependent diabetes most often occurs in people with a family history of diabetes. There is a defect in the production of insulin by the pancreas. Without insulin, the body cannot utilize glucose as its principle energy source.

In Diabetes the circulating level of glucose in the blood stream is high. This level of glucose absorbed by the body tissues is directly associated with diet. This creates a predisposition to infections and can complicate pregnancy. 90% of diagnosed diabetics are Type II (NIDDM) and are Blood Type O's who have habitually consumed excessive quantities of dairy, wheat and corn products over the years. Blood Type A's who have contracted Type II Diabetes often have

consumed too many meat and dairy products.

The majority of people who contract Type II diabetes are over the age of forty and overweight, although there are exceptions. It is proven, however, that over consumption of carbohydrates and obesity set up the predisposition to acquisition of NIDDM.

Diabetes is a nutritional disease.



Diabetes can be prevented, controlled and more importantly, reversed with adherence to a strict nutritional program. Avoiding sugary foods is perhaps the most important rule, keeping in mind, of course, that carbohydrates convert to sugar in the body. It is of ultimate importance that the diabetic individual monitor blood sugar levels and adjust foods accordingly.

Diabetes is a serious matter. It was the sixth leading cause of death in 1999 and was considered to be a contributing factor in twice as many other deaths.

If you have Diabetes or even suspect that you may, phone TODAY for your telephone consultation.

Prevent, Treat and Reverse Diabetes

Some say that diabetes is a condition that is a complex abnormal reaction of the immune system where it attacks the pancreas. The pancreas consequently becomes dysfunctional therefore producing little or no insulin.

Other sources suggest that diabetes is quite clearly caused by obesity, poor nutrition and lack of exercise. This is good news in that it can therefore be controlled by diet and exercise. Both conditions respond well to frequent, small

meals consisting of low glycemic goods that slowly increase blood sugar levels.

Chronic high concentrations of glucose in the bloodstream create many symptoms that can be debilitating. Begin by seeking professional help with streamlining your diet. Eating proper foods for your blood type will significantly reduce agglutination and the risk of initi-

ating an inflammatory immune reaction. Secondly, make an appointment for nutritional consultation to re-establish your inner terrain. Detoxifying and supporting organ function is pivotal in your

search for optimum health. The other important step is to include a protein powder that stimulates the body's own ability to produce glutathione. Keep reading!

"Diabetes is almost entirely controllable by diet and exercise."

The Importance of Glutathione for Diabetes

Glutathione is composed of the amino acids glycine, glutamine and Cysteine. It is crucial that the diabetic individual increase the levels of glutathione (GSH) in the system in order to combat this condition. By doing so the GSH will prevent depletion of intercellular glutathione stores and reduce free radical damage

to cell membranes and structures. Glutathione has the ability to increase the diabetic's insulin sensitivity.

At The Wolfe Clinic we carry the most exquisite protein powder that does just that. Amino-Cell uses a cold process thus protecting the bioavailability of Cysteine, assuring the proper

production and release Glutathione in the cell. By using this protein powder daily, the body has an excellent opportunity to heal.



The Wolfe Clinic

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A combination of: Vanadium, Chromium & Zinc. This product is specifically aimed at people who suffer the condition of Diabetes.

Dear Readers;

At the Wolfe Clinic we devote a major effort towards the Prevention, Treatment and Reversal of Diabetes. This illness is one of our foremost concerns since over 16 million North Americans have the disease and 200,000 die from it a year. Drugs cannot reverse Diabetes! Medications effectively lower glucose, but they do so at the cost of damaging the liver and reducing life expectancy.

IMPORTANT: If you have Diabetes do not alter your treatment or diet without first consulting with a doctor or another qualified health professional!

Diabetes is a nutritional disease and as such its treatment and prevention begins by taking control of your life and health. Most importantly, you must seek professional help with your diet. Whether Diabetes is caused by obesity, poor nutrition and lack of exercise or by a complex abnormal reaction of the immune system.. it can be controlled! Appropriate treatment starts with a detoxification program, proper diet for your blood type and exercise.

Don't suffer while wasting time, money and energy trying to combat this illness. A personalized telephone Consultation with ongoing support will give you the highest potential for success at the lowest possible cost. When it comes to diabetes, knowledge really is power -- the power to live life your way. It all starts here!

To help you on your journey to better health please read; '**Reclaim your inner Terrain**' and '**Spoiled Rotten.**' They are a treasure trove of valuable information that is designed to change your life lastingly, for the better.

A final note:

At the Wolfe Clinic we take the time to ensure that you have the latest and best information available to you at all times. Please remember my 25 years of experience in the prevention and treatment of Chronic Illness is just a phone call away.

Visit our web site and find priceless information in the following articles that will aid you in the journey to better health. You'll be glad you did!

- **Reclaim Your Inner Terrain**
- **Spoiled Rotten**
- **Cleansing For Life**
- **Depleted Soils – Decreased Vitality – Diminished Minds**

Set your mind free from fear that you are doomed to a life of pain and suffering.

If you have any health questions, do not hesitate to call.

We are here to help.

Sincerely,

Dr. Darrell L. Wolfe, Ac, PhD



Dr. Darrell L. Wolfe, Ac, PhD

The Wolfe Clinic

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